



Art and therapeutic design in the healing environment:

**NHSGGC capital modernisation programme
2005 - 2022**

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<https://gtr.ukri.org/projects?ref=AH%2FS004459%2F1>

ART AND THERAPEUTIC DESIGN IN THE HEALING ENVIRONMENT: CAPITAL MODERNISATION PROGRAMME 2005 - 2022

The aim of the programme is to support the planned modernisation of services and improve health through innovative and cost-effective approaches to person-centred care by providing leadership to enable delivery of art and therapeutic design strategies into new capital builds, green spaces, refurbishments and the coordination of year-round programmes of exhibitions, public art interventions and performing arts events into Acute Hospitals, Community Health and Care Centres and specialist service internal and external public spaces and partner owned adjoining areas.

The programme is led and managed by a strategic arts and health Improvement Senior; a designer artist, arts and education professional reporting to the NHSGGC Head of Public Health Improvement.

The programme promotes 'the art, architecture, greenspace and therapeutic place making dialogue' and the ongoing animation of NHSGGC public spaces. The programme provides professional services: brief writing and contracting, fundraising, partnership development and the procurement of professional services and products; including networking and building of relationships with National and regional partners, local stakeholders, NHSGGC capital planning, local health providers, planning groups and arts professionals to influence and oversee the creative direction, development and delivery of integrated art and environmental strategies, design enhancement schemes and commissioning of bespoke art works.

ART AND THERAPEUTIC DESIGN IN THE HEALING ENVIRONMENT: CAPITAL MODERNISATION PROGRAMME

Programme Examples 2005 – 2009

The New Victoria and Stobhill Ambulatory Care and Diagnostic Hospitals.

Strategies developed with local Hospital Arts working groups in dialogue with commissioned curators, architects and artists.

Funded by: Core Capital Programme, Creative Scotland Artist Work in Public Places, NHSGGC Endowments, NHSGGC Staff Lottery, WRVS and Glasgow Faith Groups

The New Stobhill Ambulatory Care and Diagnostic Hospital: *A Grove of Larch* including *waiting room in the park* partnership initiative opening up access the local Springburn Park.

Lead Artist Poet Thomas C Clark working with Reiach and Hall Architects and team of artists. Alec Finlay, Donald Urquhart, Olwen Shone, Andreus Karl Schulze, Ken Dingwall,

The project 'waiting room in the park' (user group vernacular title) opened up a new park entrance creating opportunity for patients, staff and visitors to enter the park through a beautifully positioned Moon Gate. Boulders engraved with poetry, bird boxes and benches draw people further, encouraging use of green space, walking and waiting in a natural environment.

Artist: Alec Finlay working in response to the Stobhill Hospital core art programme.

[NHSGGC : New Stobhill Hospital](#)

The New Victoria Ambulatory Care and Diagnostic Hospital. Hospital in the Park

Art Curator Juliet Dean PACE, HLM Architects and commissioned artists Ally Wallace, Jackie Parry, Hanneline Visness, Calum Stirling & Ronnie Heeps

Art Installation Coordinator - Stobhill and New Victoria Hospital Art strategies
Freelance Project Manager, Chris Fremantle

[NHSGGC : New Victoria Hospital](#)

Programme Examples 2010 - 2011

New Stobhill Ward Block Concept: The Grace of the Birch – Art Nature and Healing Strategy A Choice of Art - a new art collection: 112 visual art works from established and emerging artists from Scotland's Art Schools set out to be both healing and motivating encouraging all age stroke rehabilitation and older patients, relatives and staff to discuss and select works for their rooms and walk around the works lining the ward block corridors as part of improving rehabilitation.

Art Curator: Dr Lindsay Blair

The Grace of the Birch Art Group: Dr Lindsay Blair, Jackie Sands, NHSGGC Arts and Health Senior, Any Law Architect, Helen Robertson, Lead Nurse

Funded as part of the Capital Project, Technip, the Flora Jane Batey Fund with Publication support Creative Scotland and generosity of all the artists who donated work for an honorarium

Publication: The Grace of the Birch: Art Nature Healing Collection for the New Stobhill Ward Block, Glasgow 2011

Programme Examples 2008 - 2010

New Neo Natal Unit Care and Maternity Unit A programme of commissions in public areas commencing with the maternity hospital front entrance, into waiting areas and the establishment of a gallery space with Glasgow Open Museum Service. Supported by: Glasgow Children's Hospital Charity, Women and Children's Endowment Fund, Glasgow Open Museum Service

"Spinning Gold" is an innovative programme for art integrated into the Maternity unit and new Neonatal extension of the Southern General Hospital Glasgow. Lead Artist

partnership Koan3 identified the first phase of opportunities for contemporary artists to contribute to the creating of the therapeutic environment within the building which was designed to improve the overall experience for patients, visitors and staff. The range of commissions was open to artists working in a variety media within the public realm. The initiative signaled an ongoing commitment by NHS Greater Glasgow and Clyde to integrating art and creativity within the design of health care environments.

Lead Artists Koan 3 working into existing building plans supported by a working group and reference sessions with key stakeholders.

New Neo Natal and Maternity Unit Lead Artists: Koan 3, Hypostyle Architects, Artists Linda Schwab, Tony Stallard, Nicola Gear, and Glasgow Open Museums

2008- 2010 West Centre Child and Family Therapy Centre, Drumchapel

Integrated art and architecture approach. Lead Artist Linda Mallet and ABC Architects. Artists: Tim Taylor, Tassy Thompson, Graven Images. Core funded with additional support from Glasgow Children's Hospital Charity.

<https://www.nhsggc.org.uk/your-health/public-health/health-improvement/arts-and-health/14-health-by-design-acute-hospitals-and-community-health-care/142-community-health-centres/1422-the-west-centre/>

The West Centre integral art and architecture programme was introduced into the final design process, and developed in collaboration between a Lead Artist, Architect and an arts support team drawn from Centre staff. The aim was for a sense of place and uniqueness, with a light touch, but rewarding repeated visits with layered meanings and discoveries: more elements to search out and find familiar details to return to. The artworks tread a delicate path with care and respect, aiming to reconcile a high standard of professionalism with the often-conflicting demands of different ages and abilities of children and adults. The outcomes offer a sense of childlike wonder and engagement without being patronising or childish. The West Centre was awarded the Glasgow Institute of Architects Design Award (Healthcare), and was also short-listed for the prestigious Royal Incorporation of Architects in Scotland - Doolan Award.

<http://www.andersonbellchristie.com/project/the-west-centre>

2008 -2010 Barrhead Health Centre Art works for entrance, waiting areas and corridor areas- Core programme funding , Local Authority, Glasgow International

Art Curator & Project Management Patricia Fleming Studios. Avanti Architects Artists: Suzie Hunter, Iain Kettles, David Zerah, Anna Shearer. Supported by local Primary schools, LA, Glasgow International (GI)

<https://www.nhsggc.org.uk/your-health/public-health/health-improvement/arts-and-health/14-health-by-design-acute-hospitals-and-community-health-care/142-community-health-centres/1421-barrhead/>

2008 – 2010 New Vale of Leven Health Centre Art works integrated into public areas, privacy screens and the bespoke designing of new surface pattern for clinical consultation room curtains as part of the NHSGGC procurement process. Funding: Core Programme - local Trusts and Foundations. Curation and project management Wide Open. Artists Donald Urquhart, Jepherson Robb

<https://www.nhsggc.org.uk/your-health/public-health/health-improvement/arts-and-health/14-health-by-design-acute-hospitals-and-community-health-care/142-community-health-centres/1425-the-vale-centre-for-health-and-care-vhcc/>

2008 -2010 Renfrew Health Centre: Aware of Time Art Poetry Healing.

A strategy supported by Creative Scotland Scottish Natural Heritage, Reid Kerr college students and local primary schools to make works for the entrance, public areas and social work

Art Curator: Dr Lindsay Blair. Architect Holmes Partnership Artists: Artists Toby Patterson, Anne Ferguson, In the Fields, Poet Douglas Dunn,

Publication: Aware of Time Art Poetry Healing Renfrew Health Social Work Centre

[Renfrew Health and Social Work Centre – A&DS](#)

2009 – 2015 New South Glasgow Hospitals: Queen Elizabeth University Hospital and Royal Hospital for Children Working Well: People and Spaces- a Therapeutic Design and Arts Strategy An evidenced based strategy supporting way finding, dignity and personalisation. Funding was core, part an Employer's Requirement with Design Enhancements achieved through close working with Glasgow Children's Hospital Charity, NHS Endowments, and Glasgow Life: Glasgow Arts, Hunterian Museum, Scottish Natural Heritage, Glasgow Science centre

Art Producer: Ginkgo – Lead Concept Artists Concept Donald Urquhart and Will Levy Marshal

QEUH campus The Queen Elizabeth University Hospital campus is the largest capital healthcare project in the UK and forms the keystone within NHSGGC's Modernisation Strategy. The hospitals provide new state of the art healthcare facilities and high quality designed environments for a significant proportion of the population of Glasgow, and in some fields, for Scotland. The project brings together Children's and Adult Acute services with existing Maternity, Neo-natal and Neurosciences services on one campus. It has the biggest critical care complex and one of the biggest Emergency Departments in Scotland providing a new 14-floor adult hospital with 1,109 beds. The new children's hospital, with a separate identity and entrance, adjoins the adult hospital, with 256 beds over 5 floors. Ginkgo Projects were contracted to develop and deliver the Arts Strategy for QEUH, which has at its heart an evidence-based programme to enhance the patient experience and journey

through works of art and design that connect patients, staff and visitors to the hospital's social, cultural and environmental context. Seven core projects were commissioned resulting in over 600 individual works of art. The approach has been to integrate work that provides as much impact as possible within key navigation points, waiting and treatment areas.

<https://www.nhsggc.org.uk/your-health/public-health/health-improvement/arts-and-health/14-health-by-design-acute-hospitals-and-community-health-care/141-hospitals/geuh-full-content/>

Other Projects include developments with Hub West of Scotland 2012 – 2018

2012 – 2013 Possil Park

2013 – 2015 Shields Health Centre Artist Alexander Hamilton was subcontracted by Architects Anderson Bell and Christie, Hamilton worked with local community groups to develop designs for external privacy screens. Project included development of a brief for a therapeutic garden project with south sector HI Team. Funding: City Healthcare Partnership, South Sector Health Improvement Team

<http://www.andersonbellchristie.com/project/>

<http://www.andersonbellchristie.com/project/the-shields-centre>

2013 -2016 New Eastwood Health Centre “NATURE, HEALTH AND HEALING - BRINGING THE OUTSIDE IN” Development of a Woodland Theme Arts coordination: Local Authority Art officer, HI Arts and Health Senior. Funding: City Healthcare Partnership, South Sector Health Improvement Team, Local Authority, Green Exercise Partnership. New Eastwood Health Centre, East Renfrewshire

Collaborative Team Concept: a Woodland Theme led and project managed by NHS HI Arts Senior with Local Authority Art officer. Gareth Hoskins Architects, Landscape Art project developed by Artist Donald Urquhart and Poet Gerry Loose, Textiles Deirdre Nelson, Staff photography project led by Local Authority Art Service, Internal Art curator Moe Rocks Moore

Funding: City Healthcare Partnership, Green Exercise Partnership, Hub core programme for enabling –handover May 2016

See guide to artworks

2013 - 2016 New Maryhill Health Centres Waken into Falling Light.

Funding: City Healthcare Partnership, North Sector Health Improvement Team, Green Exercise partnership, Creative Scotland Curator: Dr Lindsay Blair

See guide to artworks

2013 -2018 New Gorbals Health Centre

Curator and Project coordination: Wave Particle, Architects JM

Funding: City Healthcare Partnership: South Sector Health Improvement Team & in-kind partnerships brokered by Wave Particle and local Health improvement Team

2013 - 2018 New Woodside Health Centre “..here, where the new Glasgow started – an old grey city going blonde” (Donny O’Rourke)

Curator, Writer & Researcher: Dr Lindsay Blair, Architects, Page and Park

Funding: City Healthcare Partnership, North Sector Health Improvement Team, Green Exercise partnership core programme for enabling, with small additional funding pots source by the curator and Art and Environment strategy group.

Project worked to open up major neighbouring green space with external partners including Scottish Canals

See guide to artworks

2014-2016

New Inverclyde in Patent Care Unit Orchard Grove: A Dementia Friendly patient activity and environmental design strategy Concept: Hearts, Hands and Minds
Funding: Core programme, Inverclyde Mental Health Service, Creative Scotland additional funding sourced by the curator and Art and Environment strategy group

Strategy Curator: Jane McArthur, Wide Open. Project Manager (delivery) David McDonald. Funding: Core programme, Mental Health Service, additional funding pots source by the curator and local art and environment strategy group, Creative Scotland

Programme Examples 2016 -2022

New Greenock Health and Care Centre: *Strategy -Lochs Rivers Sea*

Timeline 2016 – May 2021

Funding Inverclyde Endowments £95,000

Additional funding Creative Scotland £15k for Community Engagement Project
Found Fragmented and Forgotten

Contracted Capacity: Freelance Lead Artist / Curator /Planner Stephen Hurrell– with additional commissioned artists

A Community Planning approach where support was given to local artists, crafts and trades through procurement of services.

New Clydebank Health and Care Centre - Strategy - Our Stories

An art, architecture and greenspace strategy for the new Clydebank Health and Care Centre

Link to strategy document

[our-stories-arts-strategy-v-3.pdf \(wdhscp.org.uk\)](#)

Timeline 2015 – Jan 2022

Funding: Endowments £95k with additional fundraising achieved

£60k Green exercise Partnership,

£49k Creative Scotland - supporting *Makers and Menders: River to Recovery Artist Residencies 2021- 2022*

60k Arts and Humanities Research Council (AHRC) ends 2022

Contracted Capacity: Wide Open Ginkgo Public Art Development Agency – additional artists and designers plus AHRC funded early career researcher Cultural Geographer Ruth Olden who was also contracted to carry out early community engagement, her stories informing artist briefs

North East Hub

Steering group established – paper delivered outlining project stages

One Year Fixed Term Arts Strategy Planner post advertised internally

Sky House Adolescent Mental Healy Unit – Scheme enhancement strategy

£4,000 received to commission overarching illustrated enhancement strategy document.

NB This project is on hold due to Covid Restrictions

Animating Public Spaces: Exhibitions, Live and Digital Performing Arts Events in Glasgow City and Clyde Hospitals

Work delivered in 2020

- A Shout Out 'warm and immediate collection of new artworks for staff in the Relax and Recuperation Hubs,

- Approval of a QEUH two year exhibitions proposal
- Development of a Black Lives in medicine mural and exhibition proposal.
- Fundraising and proposal for an exhibition at Royal Alexandria Hospital

Pre-lock down 2018 - 2020 many exhibitions and performing art events were delivered at the QEUH and the new Victoria Hospitals. Publically available Pianos were installed by Glasgow Piano City at the New Victoria and Stobhill, QEUH and RA Hospitals. For more information see accompanying illustrated presentation and click link.

<https://www.nhsggc.org.uk/your-health/public-health/health-improvement/arts-and-health/11-whats-on/#>

Partners: National Theatre of Scotland, Scottish Ballet, Glasgow Piano City, The Sculpture Placement Group, Glasgow School of Art, Royal Conservatoire Scotland Renfrewshire Leisure Arts, Art in Health care, University of Glasgow, Art in Hospital. University of West of Scotland.

Delivering into 'Welcome to QEUH' Planning Group and working directly with RAH/ Clyde, Stobhill and Victoria Facilities Managers.

2018- 2022

Green Space Landscape enhancements: Influencing Integration of Public Art & scheme development:

Royal Alexandra Hospital - Pond and Beyond & Halo

Support was given to Fundraising and project set up: NHS Endowments and Green Exercise Partnership

Halo Project Negotiation and support to Funding NHS Endowments £15K and Nature Scotland £15K

Levendale Hospital: Design in the Dale integrated art and landscape wayfinding and therapeutic place making scheme

Time line 2019- 2022

Funding Creative Scotland £15k Artist fee to commission a Lead Artist to and deliver a strategy

Additional funding from City HSCP, Paths for all and Green Exercise Partnership

Contracted Capacity: Artist Lindsay Perth

QEUH: Landscape Enhancement Scheme – integration of landmark public arts

Time line tbc

Finding tbc

Contracted capacity: Will Cooper Freelance Art Curator

Current Programme 2016 - 2022

1. Animating Public Spaces: Exhibitions, Live and Digital Performing Arts Events in Glasgow City and Clyde Hospitals
2. Art and Therapeutic Design New Community Health and Care Centres:
3. Green Space Landscape enhancements: Influencing Integration of Public Art & scheme development: Participation in the Greenspace and Bio Diversity Working Group.
4. Capacity Building through teaching, presentations, PHD supervision and mentoring of Arts and Humanities Research Council early career researcher embedded in the New Clydebank H&SCP
5. Fundraising - development of stakeholders: NHSGGC Endowments, Creative Scotland, The Green Exercise Partnership, Local Authorities, Cultural and Higher Education Partnerships, action research funding to support delivery of NHSGGC and HSCP Arts programmes.
6. Documentation and Communication: updating of Public Health Arts and Health website, PR and Arts Collection Documentation
7. **Sectorial Capacity Building**
8. Supervision of PHD as part of Paisley Culture Arts and Social Care strategic Planning Group
9. Mentor Arts and Humanities Research Council early career researcher embedded in the New Clydebank project carrying out a retrospective review of the NHSGGC arts programme contribution to Therapeutic Placemaking. The expected outcome from this research will be a symposium launch of a Therapeutic Place making Handbook.

Other Art programmes in NHGGC are:

- Art in the Gart managed by Fiona Sinclair and
- Glasgow Children's Charity Art Programme

Over the last 10 years, the availability and development of art programmes at the Royal Hospital for Children in Glasgow has expanded considerably thanks to three key partnerships:

- The partnership with Glasgow Children's Hospital Charity (GCHC) which has facilitated the majority of funding into arts projects since 2010.
- Partnership with Glasgow Life and NHSGGC. In particular the role of the Gallery of Modern Art in working with the Royal Hospital for Children to deliver common strategic objectives in regards to the UN Convention on the Rights of the Child and article 31.
- Partnership between the NHS Health Improvement team and the Royal Hospital for Children, in particular in relation to developing integrated art and therapeutic design for the new Royal Hospital for Children; art inspired public health campaigns and clarifying evidence within the RHC, and the wider NHS GGC, as to the importance of arts to health.

Hospital Environment Enhancements (2016) GCHC worked closely with staff and patients throughout the building phase of the new Royal Hospital for Children, which opened in 2015. These GCHC-funded projects have helped change clinical looking areas of the Hospital into bright fun spaces.

In 2016 a partnership was formed between GCHC and the Anouk Foundation to transform the waiting areas and treatment rooms of the Imaging and Diagnostics department, where there are no windows and the machinery is large and noisy. Over the course of 4 weeks the Anouk Foundation transformed the bare clinical walls of the department with therapeutic murals, creating a warm, soothing and welcoming space.

2017 Dangers of Second-hand Smoking on NHS grounds (2018) Working with the NHS Health Improvement Smoking Cessation team, an artist worked with patients at the RHC to develop and illustrate a campaign on the dangers of second hand smoke to children in the hospital grounds. The artwork produced by the patients was developed into a public health campaign

Key arts projects at the Royal Hospital for Children between 2010 – 2018 have involved music making and performance opportunities and a three year partnership with Glasgow Life Gallery of Modern Art.

This three-year partnership explored how both Hospital and Gallery could meet the rights of the child in terms of art, culture and play as embedded in article 31 of the United Nations Convention on the Rights of the Child²⁴. Core Programmes:

- Creative Therapies on the Cardiac Ward, the Psychiatric Ward and in the Neurology and Undiagnosed Pain unit

One-to-one and group art therapy sessions are delivered by the team at Creative Therapies. The arts programme supports and promotes wellbeing for the most

vulnerable people in the Hospital community through the use of music, dance, drama and visual arts.

The key partnerships have meant that the arts provision previously being offered to children at the Hospital has expanded and become more consistent in its aims and frequency. Ideally RHC/ NHSGGC and Glasgow Children's Hospital Charity would look to secure a larger tranche of funding to enable a rolling three -year programme of participatory arts for all patients at the hospital, working alongside key delivery partners such as Glasgow Life and Creative Therapies. All the arts projects were evaluated by the hospital play service staff; the Creative Therapies services are evaluated by therapists; and the hospital environmental improvements were evaluated by GHCH's Hospital Programmes Manager. Ideally the Charity would like to evaluate future projects using independent social researchers so as to provide strong, impartial evaluation and evidence for funders and senior NHS managers about the benefits of these projects. This type of evaluation would also help us understand how arts provision can be better delivered.

Paragon Music & the Hospital Play Service (2010-2016) Three separate nine-month music-making projects were developed for young people in hospital. Paragon Music designed and facilitated the music workshops - both one-to-one and group workshops - for inpatients aged 12 years and older at the Hospital. They used both live instruments and music-making apps such as 'Garage Band' to help over 100 young people record, edit and compose original music.

Glasgow Children's Charity Art Programme Examples

Art Lift, artist Rachel Mimiec (2011)

Artlift was a culmination of a six-month art project between the Hospital and the Gallery of Modern Art in Glasgow (GoMA). GoMA's associate artist Rachel Mimiec worked with 19 inpatients aged 12 and over to produce original, changing artwork in the hospital lifts.

YoHoArt, artist Hans Clausen (2013 – 2014)

YoHoArt was a nine month project between the Hospital and GoMA. The artist, Hans Clausen, encouraged patients, staff and family members to create art works which came out of the environment that they all found themselves in. This often meant using objects found around the Hospital and the use of hospital materials such as rolls of plaster of Paris, pill trays, and rubber gloves amongst many others.

Heads Shoulders Knees and Toes, artist Sally Hackett (2014) The main aim of this four month project was reinventing the young people's perceptions of ceramics and turning it into something fun, both in subject matter and in process. The project aimed to capture the spirit and activity surrounding the build-up to Glasgow's 2014 Commonwealth Games. The young people were asked to explore movement by

trying to create a ceramic that is in itself moveable – be it hinge in an arm or a puppet style invention. Other Projects:

High Hopes - A Rooftop Garden Youth Arts Project & the Hospital Play Service

A participatory arts project to help increase interest in the hospital's rooftop garden and to empower adolescent inpatients to creatively improve the hospital environment themselves. Running over 2018/19 the project will enable 50 patients to work with musicians, animators and artists to create original work.

Art in the Gart

Art in the Gart: Art in Acute Community and Mental Health Partnership

The Art in the Gart programme is rooted in the Gartnavel Royal Psychiatric Hospital tradition of using meaningful activity to support mental health and wellbeing; creative and productive activities which support mental health recovery. This Art in the Gart programme is underpinned by a collaborative ethos; where volunteers/Third Sector offer patients, their visitors and clinical staff, the opportunity to join in casual engagement activity and socialising. The activities are identified in conversation with a patient, family member or Gartnavel Royal staff about an individual's interests, hobbies or passions when not in hospital. This information leads to the development of patient centred activity that runs while the person is in hospital and in most cases long after s/he has left hospital as a legacy for others. Activities include:

- board games, book clubs, creative writing, music and arts workshops , arts exhibition, music and theatre performing opportunities, film production and Animation
- The Over the Wall Annual Music and Art Festival The Art in the Gart Gallery Space
- The Gartnavel Royal Art Collection Therapeutic Theatre
- The Growing Spaces Garden and Outdoor Sessions (see overleaf)
- bird watching, therapeut visits

People are at the heart of the Art in the Gart programme. Harnessing the potential of patients, carers, staff, Third Sector organisations and the general public to share interests and motivations to help aid patient recovery. Over the years Art in the Gart has built many partners: Diversity of partners: Third sector, individual artists, corporate organisations carers, volunteers and neighbours have brought a wide range of skills and interests into the patient environment into the ward setting and in the public spaces across the hospital. The programme is connected to what is happening across the wider geographic area the cultural life of the city: The Scottish Mental Health Arts Festival, Glasgow Jazz festival, West End Festival, Aye Write and the Merchant City Festival The Green Exercise Partnership (GEP) of the Forestry Commission Scotland, Scottish Natural Heritage and NHS Scotland have reinstalated historically important greenspaces, now known as The Growing Spaces of Art in the Gart; multi-purpose spaces for quiet reflection, tranquillity, distraction and physical activity for anyone using any of the services on site. The relationship

with GEP enabled Art in the Gart to engage with Trust Conservation Volunteers TCV, who now host a gardener onsite to deliver outdoor activities with a range of groups across the campus and in psychiatric ward gardens. Art in the Gart is working with TCV and the Gartnavel Royal Auxiliary to find sustainable ways for funding these activities. The role of Health Improvement teams in the early stages of the development of the Growing Spaces cannot be underestimated and this relationship continues to offer a range of opportunities for patients the general public.

An example being participation of neighbours and the general public in musical performances open to all, bringing people together regardless of diagnosis to reduce stigma and connect with the cultural life of the neighbourhood and city. Collaboration with hospital staff helps the programme stay relevant from a clinical perspective keeping boundaries respected and risk minimised. The programme is led by A Voluntary Services Manager (arts and sits within the Gartnavel Royal Activity Group with allied health professionals: Occupational Therapy, Physiotherapy and Dietetics, clinical ward staff, volunteer services and the Mental Health Network. This set up provides governance and quality assurance. The Art in the Gart approach is safe and person-centred and counts on the expertise of all involved in the planning and delivery of activities helping people to socialise, improve their communication skills and increase confidence.

Additional info:

Therapeutic Design and Art in the Healing Environment: Capital Modernisation Programme

The aim of this programme is to modernise health care services and improve health through innovative and cost-effective approaches to person-centred design and planning. The Health Improvement strategic post has made a notable contribution since 2005 in an advisory and policy-making capacity contributing to NHSGGC's successful delivery of this strand of work. The post ensures there is development and delivery of art, art engagement and integrated Therapeutic Design, Art and Healthy Environment Strategies within all new capital projects, in line with the NHSGGC Design Action Plan (2008)

Strategies have been successfully delivered in new Acute Hospitals, new Community and Mental Health and Social Care Partnership Centres and specialist service Capital developments. The programme ensures set up of arts and health networks to oversee delivery in context, of bespoke strategies. The strategies work to support functionality: way-finding; patient dignity, distraction and personalisation through human scale design and arts participation; bringing a socially engaged arts and community engagement culture into the planning process of each healthcare environment which is about Place Making connecting with, celebrating and supporting the culture and socio economic infrastructure of the local area, and the development of neighbouring green spaces. The programme supports the inclusion of art at all stages of the Capital development process including support to arts

commissioning post-building occupancy, the set up of partnerships to support longer-term arts activity and ongoing animation of healthcare public spaces through the exhibitions and musical events programmes.

This programme responds to the 2011 version of BREEAM criteria which requires that arts coordination capacity is established and an art policy and an art strategy has been prepared for the development at the feasibility/design brief stage and endorsed by the senior management and addresses the following:

- Enhances the healthcare environment
- Builds relationships with the local community
- Builds relationships with patients and their families
- Relieves patient and family anxiety by contributing to treatment or recovery areas post operative areas, paediatric or in patient care units etc
- Greening the healthcare environment with inclusion of living plants (where appropriate)
- Training and generation of creative opportunities for staff

Key objectives of the programme include:

- Maintain High Level Influence around the strategic integration of art and therapeutic design concepts into Building Design delivering to Health Department

Letter (HDL 58) requirement 'A policy on Design Quality for NHS Scotland' standards and the NHSGGC Design Action Plan.

- Provide specialist advice, capacity building and training to the arts and health sector, partners to ensure this approach is understood and service improvements are made.
- Set up cross sector groups and work in context to ensure new developments are meaningful, appropriate and sustainable.
- Oversee all art sector recruitment, contracting orientation and supervision to ensure effective organisation, service improvement, arts development and delivery is achieved.
- Ensure that all forthcoming new capital builds, services and refurbishments in Acute Hospitals, Community Health and Social Care Centres and In Patient Mental Health Units include art strategies
- Build strategic partnerships and funder support

A 'percentage for art scheme' has been the basis of its current business model for the work. From 2005 - 2015 this principle has been applied by NHSGGC in its Capital Planning. The arts and health programme has secured a total capital budget of £1,816,000 towards development and delivery of therapeutic design and art in hospitals and health centres across Glasgow This NHSGGC capital investment has enabled the additional leveraging of a further £800,000 cash and £86,000 of in-kind

support bringing the total investment on art sector products and services (2005 – 2015) to £2,702,000.

Jackie Sands, HI Senior Arts and Health June 2021

NHSGGC Public Health Arts and Health Website www.nhsggc.org.uk/artsandhealth